

Start your recovery at home

A safe and discreet in-home detox and aftercare program.

If you are dependent on alcohol or other drugs, you can start your recovery at home under expert medical care. We provide a telehealth service for lower risk patients and an in-person detox service for higher risk patients. Our medical team will guide you through the entire process, so all you need to do is focus on your recovery.

With minimal wait times, we can help you regain control of your life and stop the cycle of addiction. Contact us today to get started.



In-Home Detox Process

Designed and delivered by medical professionals

Home Assessment

Our doctor conducts a full medical assessment to ensure your safety and eligibility for a home detox. We provide pathology requests; create a personalised withdrawal plan; prepare you for the detox; and educate you and your support person on the withdrawal process. We also keep your existing healthcare team updated every step of the way.

7-Day Home Detox

The detox takes approximately seven days and usually starts 1-2 weeks after your initial assessment. Each morning you will have an appointment with our doctor who will closely monitor your progress, adjust your withdrawal medications and manage any cravings. We also provide 24/7 medical support during this time so you are safe and supported at every step.

Aftercare & Support

We understand that your recovery doesn't end once the withdrawal process is complete. That's why we provide you with an aftercare plan that is tailored to your individual needs so you can successfully manage your own recovery. We also book in regular follow-up appointments over the next 12 months to review your progress and help keep you on track.

Eligibility

To ensure your safety, you must have a **support person** who can stay with you during detox. Our **telehealth** detox is suitable for lower risk patients and is available to people all across Australia. Our **in-person detox service** is for higher risk patients and is available to those who can stay on the Gold Coast during the detox phase of treatment. Your risk is based on your severity of dependence, the amount you consume and your medical history.

Ready to get started?

We aim to see our patients for their initial assessment within 24-48hrs. Call or email us today and we will send you our online pre-assessment form.



Meet Your Doctor

Dr Hok Yee Siu, FRACGP, MBChB

Dr Hok Yee Siu, the Co-founder and Medical Director of AIR, is a fully qualified GP with a special interest in addiction and emergency medicine. After working in drug and alcohol detox and rehabilitation centres, he saw the need for a more personalised approach that prioritises comfort, privacy and tailored treatments without compromising patient-safety.

Cost

Our telehealth program has a private charge of \$3,000 and our in-person program has a private charge of \$3,600. There are no medicare rebates for this service, however we do provide payment plans to spread out the cost.

Why Patients Choose Us

Minimal wait times

We aim to see you for your initial assessment within 24-48hrs.

24/7 medical support

You and your support person will have a direct line to our doctor so you feel safe and supported at every step.

Privacy

You can remain in the comfort of your own home with your loved ones. We also provide your prescription medications at your appointments, meaning no daily trips to the chemist to protect your privacy.

Flexibility

We can arrange calls and appointments at evenings and weekends.

Freedom

You are not confined to an inpatient facility for 7 days, so you can continue doing the things you enjoy when you feel well enough.

Cost effective

Our service is a fraction of the cost of other private detox services. Our patients have saved thousands over the course of six months compared to cost of buying alcohol or drugs.

Contact us today

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